**財團法人中華基督教衛理公會附設臺中市私立**

**衛道幼兒園一○九學年度下學期幼兒作息時間表**

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| **時間** | **一** | **二** | **三** | **四** | **五** |
| **7:30~8:30** | **幼兒入園** | | | | |
| **8:30~9:00** | **品格教育** | | | | |
| **9:00~9:30** | **營養點心** | | | | |
| **9:30~10:20** | **主題教學團體學習** | | | | |
| **10:20~10:50** | **大肌肉戶外活動** | | | | |
| **10:50~11:50** | **學習區之個別學習** | | | | |
| **11:50~12:00** | **餐前準備** | | | | |
| **12:00~12:40** | **香噴噴的午餐** | | | | |
| **12:40~13:00** | **潔牙&準備午睡** | | | | |
| **13:00~14:30** | **午睡時間** | | | | |
| **14:30~14:50** | **戶外活動** | | | | |
| **14:50~15:20** | **點心時間** | | | | |
| **15:20~16:00** | **延續課程學習** | | | | |
| **16:00~16:10** | **放學準備** | | | | |
| **16:10~17:30** | **等待家長回甜蜜的家** | | | | |